

प्रतिवेदन ;(Report)

"शिक्षक—शिक्षार्थियों की भावात्मक बुद्धि के संदर्भ में मानवाधिकारों के प्रति अभिवृत्ति का अध्ययन"

द्वारा प्रस्तुत



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(शिक्षा विभाग)

जगन्नाथ विश्वविद्यालय, जयपुर

2019-20

जगन्नाथ विश्वविद्यालय, चाकसू, जयपुर-303901 (राजस्थान)





प्रतिवेदन

''शिक्षक-शिक्षार्थियों की भावात्मक बुद्धि के संदर्भ में मानवाधिकारों के प्रति अभिवृत्ति का अध्ययन''

परियोजना विवरण

क्र.सं.	क्षेत्र का नाम	विवरण
1.	परियोजना का नाम	शिक्षक-शिक्षार्थियों की भावात्मक बुद्धि के संदर्भ में मानवाधिकारों के प्रति अभिवृत्ति का अध्ययन
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 में मानवाधिकारों के प्रति अभिवृत्ति का अध्ययन

6. परियोजना की श्रेणी

ः शिक्षा

7. समयावधि

: एक वर्ष

8. कुल लागत

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एकल संस्थागत

10. प्रभारी / पी.आई. का नाम

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आभार प्रसून

गुरूर्ब्रह्म गुरूर्विष्णु, गुरूर्देवो महेश्वरः। गुरू साक्षात्, तस्मै श्री गुरवै नमः।।

इस परियोजना को सफलतापूर्वक पूरा करने में, बहुत से लोगों मेरी मदद की है। मैं उन सभी लोगों को धन्यवाद देने चाहूंगी जो इस परियोजना से संबंधित हैं। मुख्य रूप से, मैं इस परियोजना को सफलता के साथ पूरा करने में सक्षम होने के लिए भगवान को धन्यवाद दूंगी। फिर मैं जगन्नाथ विश्वविद्यालय के (डीन, शोध समन्वयक) डॉ. विवेक शर्मा को धन्यवाद दूंगी, जिनके मार्गदर्शन में मैंने इस परियोजना के बारे में बहुत कुछ सीखा । उनके सुझाव और निर्देशों ने इस परियोजना के पूरा होने में बहुत मदद की है।

फिर मैं अपने माता—पिता और दोस्तों को धन्यवाद देना चाहती हूं जिन्होंने अपने मूल्यवान सुझावों और मार्गदर्शन के साथ मेरी मदद की है और परियोजना के पूरा होने के विभिन्न चरणों में बहुत मददगार रहे हैं।

मैं अपने शिक्षा विभाग के सभी शिक्षकों के प्रति कृतज्ञता का विशेष धन्यवाद व्यक्त करना चाहती हूं जिसने मुझे इस परियोजना को विषय पर करने का सुनहरा मौका दिया । इस परियोजना ने मुझे बहुत सारे शोध करने में भी मदद की और मुझे इतनी सारी नई चीजों के बारे में पता चला कि मैं वास्तव में उनके लिए आभारी हूं।

दूसरा, मैं अपने माता-पिता और दोस्तों को भी धन्यवाद देना चाहूंगी जिन्होंने इस परियोजना को सीमित समय सीमा के भीतर अंतिम रूप देने में मेरी मदद

की।

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September 1

Jagan Nath University, Jaipur

PHYTOCHEMICAL STUDY OF ACACIA NILOTICA AND CASSIA FISTULA: PLANTS OF DESERT ECOSYSTEM



A PROJECT REPORT Submitted to the JAGAN NATH UNIVERSITY

Submitted by:

Dr. ANIL KUMAR SHARMA
Associate Professor

DEPARTMENT OF PHYSICAL SCIENCES, JAGAN NATH UNIVERSITY JAIPUR-303901, INDIA

2019



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A

Project Report

On

Electric Car

Department of Mechanical Engineering JAGANNATH UNIVERSITY, JAIPUR



March, 2018



Jagan Nath University, Jaipur

ACKNOWLEDGEMENT

First and foremost I would like to thank almighty God, for his grace and blessings in completion of this work; I wish to express my profound sense of gratitude and inductors to Jagannath University Jaipur for providing financial assistance and necessary research facilities.

I am thankful to Professor VK Agarwal, President, Jagannath University, Mr. Tanmay Patnaik, Registrar, Jagannath University for their valuable guidance, affection, motivation and constant source of inspiration during research work.

I am grateful to entire technical and non technical staff of Jagannath University Jaipur for their kind cooperation.

Mr. Avinash Nath Tiwari



Jagan Nath Unitersity, Jaipur

Preface

E-CAR is small, four wheeled vehicle which are used extensively in many Asian countries for transport of people and goods. The vehicles are small and narrow allowing for easy maneuverability in congested Asian metropolises. In India e-car is not used commonly. Despite the apparent advantage in the vehicle design, E-car presents a huge pollution problem in Indian cities. This is due to use of an inefficient engine, typically a 2 or 4 strokes, with almost no pollution control. This project present a transportation system based on E-CAR that operate in an environmentally friendly way. Existing vehicles are to be replaced by an all electric counterpart redesigned in a manner which improves the efficiency of the vehicle. In addition, a recharging infrastructure is proposed which will allow for the batteries to charged using renewable energy source such as solar power.



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India is home to over 2.5 million cars and companies have come out with alternative models such as compressed natural gas and LPG to mitigate the pollution problem caused by traditional petrol and diesel models. Two main disadvantages that exist within corporation those technologies on the cars are:

- 1. Oil is still added to the chamber in the two stroke configuration, which adds to the pollution, and
- 2. LPG, CNG, PETROL and DIESEL are non -renewable energy sources.

The best way to redesign the car is to make the main power source renewable. One way to do this is to use an energy namely, electricity. Cars are an ideal candidate for the longest distance covered in a day. Therefore, we have set out to make e-car the example of environmental consciousness in India by replacing .the existing hydro carbon powered vehicle with electric car and recharge the batteries using mostly renewable energy sources.

Electric vehicles have been identified as being a key technology in reducing future emissions and energy consumption in the mobility sector. The focus of this article is to review and assess the energy efficiency and the environmental impact of battery electric cars (BEV), which is the only technical alternative on the market



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available today to vehicles with internal combustion engine (ICEV). Electricity onboard a car can be provided either by a battery or a fuel cell (FCV). The technical structure of BEV clarifies that it is relatively simple compared to ICEV. Following that, ICEV can be 'e-converted' by experienced personnel. Preliminary energy efficiency data of FCV are reviewed being only slightly lower compared to BEV. However, well-to-wheel efficiency suffers from 47% to 63% energy loss during hydrogen production. With respect to energy efficiency, BEVs are found to represent the only alternative to ICEV. This, however, is only true if the electricity is provided by very efficient power plants or better by renewable energy production. Literature data on energy consumption and greenhouse gas (GHG) emission by ICEV compared to BEV suffer from a 25% underestimation of ICEV-standardized driving cycle numbers in relation to street conditions so far. Literature data available for BEV, on the other hand, were mostly modeled and based on relatively heavy BEV as well as driving conditions, which do not represent the most useful field of BEV operation.

The first electric vehicle (EV) was built between 1832 and 1839; the exact year is not known, in Scotland by Robert Anderson, who created the first crude electric carriage. It was not until 1895, after A.L. Ryker built an electric tricycle and William Morrison built a six passenger wagon, that America paid attention to the electric vehicle. In 1902 Wood created the Electric Phaeton, which was more than an electrified horseless carriage and surrey. "The Phaeton had a range of 18 miles, a top speed of 14 mph. The decline in use and production of the electric vehicle occurred in the 1920s. Causes of the decline in production include: a better road system, reduced price of gasoline by the discovery of the Texas crude oil, invention of the electric starter, and the mass production of the internal combustion engine vehicles.

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Electric cars are a more environmentally-friendly option than traditional cars because they produce no tailpipe emissions. However, they are not considered carbon neutral unless the electricity they run on is generated from a renewable source.

Electric cars are measured by the same safety standards as standard cars, and many have the highest 5-star ratings. There have been (very rare) reports of lithium ion batteries catching fire and exploding, but extra safety measures are installed to ensure this cannot happen. These include fuses and circuit breakers, plus coolant run through battery packs to keep them at a low temperature.

Fans of petrol cars argue that chemicals in an electric car battery will catch fire in the event of a crash. However, a tank full of petrol is about as flammable as you can get. This is why some people believe electric cars are in fact the safer option.



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Description of an Electric Vehicle

The electric vehicle (EV) is propelled by an electric motor, powered by rechargeable battery packs, rather than a gasoline engine. From the outside, the vehicle does not appear to be electric. In most cases, electric cars are created by converting a gasoline-powered car. Often, the only thing that clues the vehicle is electric is the fact that it is nearly silent.

Under the hood, the electric car has:

- · An electric motor.
- A controller.
- A rechargeable battery.

The electric motor gets its power from a controller and the controller gets its power from a rechargeable battery.

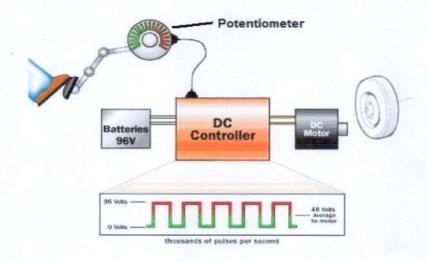
The electric vehicle operates on an electric/current principle. It uses a battery pack (batteries) to provide power for the electric motor. The motor then uses the power (voltage) received from the batteries to rotate a transmission and the transmission turns the wheels.

Four main parts make up the electric vehicle: the potentiometer, batteries, direct

current (DC)controller, and motor.

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Description of Parts and their Functions

Potentiometer: It is circular in shape and it is hooked to the accelerator pedal. The potentiometer, also called the variable resistor, provides the signal that tells the controller how much power is it supposed to deliver.

Batteries: The batteries provide power for the controller. Three types of batteries: lead- acid, lithium ion, and nickel-metal hydride batteries. Batteries range in voltage (power).

DC Controller: The controller takes power from the batteries and delivers it to the motor. The controller can deliver zero power (when the car is stopped), full power (when the driver floors the accelerator pedal), or any power level in between. If the battery pack contains twelve 12-volt batteries, wired in series to create 144 volts,



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the controller takes in 144 volts direct current, and delivers it to the motor in a controlled way

The controller reads the setting of the accelerator pedal from the two potentiometers and regulates the power accordingly. If the accelerator pedal is 25 percent of the way down, the controller pulses the power so it is on 25 percent of the time and off 75 percent of the time. If the signals of both potentiometers are not equal, the controller will not operate

Motor. The motor receives power from the controller and turns a transmission. The transmission then turns the wheels, causing the vehicle to run.

Differential:-

The main function of a differential are:

- 1. It permits a vehicle to take a turn without skidding.
- 2. It split the power /torque from the electric motor to the two drive wheels on the rear side of the vehicle.

The project will include a differential which will be connected to the electric motor.

Shock Absorber:

The main function of shock absorbers in an automotive vehicle is to absorb the shocks and vibration caused so that the vibration is not only felt by the passengers of the vehicle. The shock absorbers used are coil spring type shock absorber. The shock absorber will be optional and if used will be used in front wheels only. The rear wheels will be supported by a modified pipe which acts as suspension system



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much like a circule plate connected on differential at one end and chassis on the other.

Brakes:

The prototype uses an electric motor capable of generating 1000 -2700 rpm as a result the use of normal shoe brakes is out of question so the use of conventional drum brakes is taken into consideration. The drum brakes are a simple arrangement which consist of a drum made out of metal alloy and a pair of shoes connected to retractable spring and a tension wire made out of tensile steel. The brake will not be mounted on the handle but will be mounted on chassis (pedal, Brake) so on pressing the pedal the Brake engage stopping the rear wheel

Theory of Operation for EV

When the driver steps on the pedal the potentiometer activates and provides the signal that tells the controller how much power it is supposed to deliver. There are two potentiometers for safety. The controller reads the setting of the accelerator pedal from the potentiometers, regulates the power accordingly, takes the power from the batteries and delivers it to the motor. The motor receives the power (voltage) from the controller and uses this power to rotate the transmission. The transmission then turns the wheels and causes the car to move forward or backward.

If the driver floors the accelerator pedal, the controller delivers the full battery voltage to the motor. If the driver takes his/her foot off the accelerator, the controller delivers zero volts to the motor. For any setting in between, the controller chops the battery voltage, thousands of times per second to create an average voltage somewhere between 0 and full battery pack voltage.



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Working Principle:

There are four wheel pulled by an electric motor ranging from 650 to 1400 watt. The E-car built on (mild steel). Chassis which consist of four wheel with a diffrential mechanism at rear wheel. The motor is brushless dc motor. The electical system used in indian version is 48 volt. Some variants made in fiber are also popular because of their strength duribality resulting in low mantinance body designing varries from load carriers. It consist of controller units which are sold on the basis of voltage supplied and current out put also number of mosfet (metal oxied filled effect transistor) used. The battery is mostely acid lithium ion battery with life of 6 to 12 month deep discharged /cycle batteries design for electric vehicles are mostly use.

The project involves the development of an electric car using product to minimum manufacturing cost the following point are taken into regards for the same :

- 1. Devlopement of self made diffrential system from scratch
- 2. Devolpement an electric motor attechment system with the .
- 3. Diffrential system for the raear wheel .
- 4. Testing the use of a simplwe step up transformer to increase battery
- 5. Voltage hence cost reduction
- Development of refined chassis leading to maximum stabilety, a maximum boot space, greater maneverability a and passenger comfort.



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The approximate vehicle specifications are as follows:

Description	Dimensions
Overall length	2100 mm.
Overall width	1050 mm.
Overall height	840mm.
Rear track	960mm.
Ground clearance	135mm.
Wheel dia.	500mm.
Rim dia.	330mm.
Wheel shaft hole	60mm.
Differential length	970mm.
Brake shoe thickness	50mm.
Drum width	145mm.
Battery length	400mm.
Battery width	180mm.
Battery height	205mm.

Methodology:-

The project involves the development of an electric car using product to minimum manufacturing cost the following point are taken into regards for the same :

- 1. Development of self made differential system from scratch.
- 2. Devolvement of an electric motor attachment system.



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- 3. Differential system for the rear wheel.
- 4. Testing the use of a simple step up transformer to increase battery voltage hence cost reduction.
- Development of refined chassis leading to maximum stability, a maximum boot space, greater maneuverability and passenger comfort.

Electric Car Pics during & after Construction:



Fig 1: Front wheel Alignment



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Fig2: Differential Setup

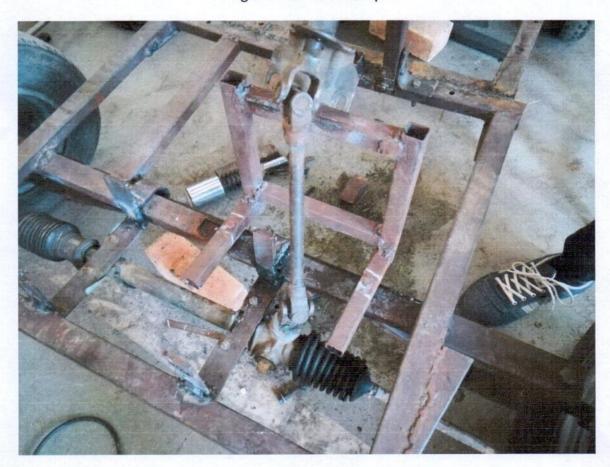


Fig3: Chassis Setup



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Fig4: Differential top view



Fig5: Overall Chassis



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Fig6: Chassis Setup



Fig7: Welding Spots





Fig8: Alignment of Various parts



Fig 9: Electric Car



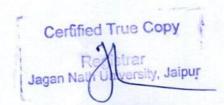




Fig10: Electric Car



Fig11: Production Team with Electric Car



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Conclusion:

The project was initiated with an idea to make an environment friendly car model which has less emission of pollutant gases with lower noise index. The project developed is equipped with 48 Volt batteries with an average capacity of 45 km per full charge. The vehicle can reach a top speed of 35 Km per hour.

The overall impact of the electric vehicle ultimately benefits the people. Compared to gasoline powered vehicles, electric vehicles are considered to be ninety-seven percent cleaner, producing no tailpipe emissions that can place particulate matter into the air.

Future electric vehicles will most likely carry lithium-ion phosphate (LiFePO4) batteries that are now becoming popular in other countries. The LiFePO4 batteries are rechargeable and powerful and are being used in electric bikes and scooters. Electric vehicles will most likely adopt this technology in the future.



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PHYTOCHEMICAL STUDY OF ACACIA NILOTICA AND CASSIA FISTULA: PLANTS OF DESERT ECOSYSTEM



PROJECT REPORT

Submitted to the

JAGAN NATH UNIVERSITY

Submitted by:

Dr. ANIL KUMAR SHARMA Associate Professor

DEPARTMENT OF PHYSICAL SCIENCES, JAGAN NATH UNIVERSITY JAIPUR-303901, INDIA

2019

ACKNOWLEDGEMENT

First and foremost I would like to thank almighty GOD, for his grace and blessings in the completion of this work. I wish to express my profound sense of gratitude and indebtedness to Jagan Nath University, Jaipur for providing financial assistance and necessary research facilities.

I am thankful to Prof. V.K, Agarwal, former President, Jagan Nath University, Prof. Navin Mathur, President, Jagan Nath University and Mr. Tanmay Pattanayak, Registrar, Jagan Nath University for their valuable guidance, affection, motivation and constant source of inspiration during research work.

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I am grateful to entire technical and non-technical staff of Jagan Nath University, Jaipur for their kind cooperation.

Dr. Anil Kumar Sharma

Preface

Phytochemical examination of two important plants extracts has been presented in the report and organized the whole investigation into three chapters with brief summary in the end. The chemical constituents isolated from selected plants have been identified and summarized in the tables in each chapter. The structure elucidation of isolated compounds has been done on the basis of spectral studies viz., IR, MS, ¹H NMR and ¹³C NMR.

- Chapter 1: This chapter throws glow on the importance of medicinal plants used in various traditional medicinal systems and also in modern drug discovery approach. A number of phytochemicals isolated from plants have been mentioned with their action and structure.
- Chapter 2: This chapter describes the review of the work done on genus Cassia and chemical investigation of the stem bark of Cassia fistula. In this chapter isolation and characterization of eight compounds have been given out of which two are new compounds. The structure of these two new compounds was established on the basis of spectral data and is being reported for the first time.

Chapter 3: This chapter deals with a brief review of the work done on genus Acacia along with the Phytochemical examination of stem bark of Acacia nilotica. The plant material extract with methanol afforded six compounds which were characterized on the basis of spectral analysis. One compound is reported first time from this plant.

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Chapter-1

Introduction

INTRODUCTION:

Since ages, medicinal plants are being used to cure a number of diseases. The knowledge of Ayurveda has led to the discovery of many potent bioactive agents in the history of modern drug development. Even today seventy five percent of the population in our country depends on the medicinal plants, as in the rural and remote areas mostly people adopts the traditional Indian system of medicine. This diversity offers the means for meeting the basic requirements of the Ayurvedic, Unani and Siddha system of medicines¹⁻³.

In Ayurvedic system of medicine plant extracts and decoctions are used in the treatment. Old ma's decoctions are still popular in Indian families. The main principle of ayurvedic system of medicine is that it roots out the disease without causing any another trouble or side effects. A large percentage of world population, mainly in the developing countries depends on herbal system of remedy for the cure of different diseases. The uses of plants for cure are also discussed in Rig-Veda⁴. In the past, conventional people or early civilizations depend on local flora and fauna for their survival5. Hippocrates, Aristotle. Theophrastus, Pliny and Elder and Galen were familiar with many or the present day medicinal herbs. They described their healing properties and preparation of medicine from many plants species, which were useful for human and veterinary health care. World Health Organization (WHO) has listed more than 22,000 plants species used around the globe for therapeutic purpose⁴. In India, about 2500 plant species related to more than 1000 genera are being used in native systems of

medicine. India is 10th among the plant rich countries of the world and 4thamong the Asian countries. The herbs provide the foundation for drug development and discovery⁵. Think locally and act globally applies to the medicinal wealth, as it is limited to mankind all over the world.

Plants play an important role as a backbone in the healthy life style and provide health, food and phytotherapeutics. Nearly 8000 plants are recognized with medicinal values and are being used as medicine in India. It is well established that about 346 plants products have fungicidal properties, 92 have bactericidal and 90 have antiviral properties⁵. However, they are constantly under threat due to the growth of economic development, population explosion and new human settlements.

There is a call for the manufacturers of herbal and allopathic medicines to carry out systematic investigation on medicinal/herbal plants to save overseas exchange spend on their imports¹. The knowledge of the traditional medicine of the Indian sub continent has been accumulated during 3000-5000 years back¹. The efficacy and the therapeutic values of the plants described in Vedas are the result of systematic observations. This knowledge is documented in Samhita's, a compilation, which represent the science of ayurveda. Ayurveda collectively encompasses medicinal, psychological, cultural, religious and philosophical concepts. Today 70-80% of the people in India follow the Ayurvedic approach for the health treatment³.

The inquisitiveness of the modern chemist, scientist and pharmacologist to search active principles from the natural products i.e. marine or plants or other natural sources². This has developed into a new

branch of studies known as phytochemistry, which involves systematic and careful chemical analysis i.e. isolation, characterization and to establish the biological activity of the organic constituent or constituents in pure form. A systematic research of chemistry and biological properties of natural products is a key and main step in the growth of modern organic and medicinal chemistry⁴. The realization of the existence of bioactive principles in plants was a giant leap towards understanding the utilizations of plants as medicine in a better perspective. Still, plants or plant products prolong to retain their historical consequence as a main source of novel drugs and lead natural compounds for structural modification, optimization, specific biochemical and pharmacological probes. Medicinal properties of plants are due to the presence of bioactive molecules, mostly secondary metabolites⁶.

Natural products chemistry has been developed as a major field of scientific endeavor during the last few decades. The systematic work in phytochemistry began with the development of physical and biochemical methods. The discovery of chromatographic techniques e.g., column, thin layer, paper, HPLC, HPTLC has given a big impetus to the phytochemical methods. The phytochemists are provided with indispensable tool for the investigation of structure of compounds available even in small quantities with the discovery of modern spectroscopic techniques like UV, 1R, ¹HNMR, ¹³C NMR, 2-DNMR and MS.

The medicinal properties of the plants depend upon the presence of one or more physiologically active compounds. Some plant extracts may be toxic in higher doses, and might have medicinal properties in lower doses. Research in natural products contributes to the discovery of new drugs and drug development programme by

providing important structural units to pharmaceutical chemists. The results of these investigations have not only enriched the academic outlook of organic chemist but have also equipped modern medicinal system with a wide range of the peutic agents. Despite the various advancement made in the field of drug, synthesis, the use of plants for treatment is still invariably recommended.

Plant/sand products of plants are part of the vegetarian food and most of them display therapeutic characteristics and several Indian plants have been recognized and their preparations have been found to be useful in the treatment of different diseases^{2,3}. Current reports suggested that there is an opposite association among the dietary intake of antioxidant rich foods and the occurrence of humandiseases^{4,5}. Here are several findings which advise that natural occurring antioxidants work synergistically used in combination⁷. In current situation, customers are worried to utilize synthetic antioxidants and therefore food industries favor to use natural antioxidants in food stuffs. Thus, investigation of novel herbal antioxidants has become essential⁶⁻⁸. It has been found that molecules in their natural formulations are more active rather than isolated form⁹. An attempt has been made to review the antioxidant capacity of several plant extracts frequently used in Ayurvedic medicines¹⁰⁻¹⁸.

In spite of the fact that there has been tremendous development in organic chemistry. In this direction, the use of plant extracts/decoctions is still recommended variably. For example: plant polyphenols¹⁹, flavonoids stand for the major group. Their food intake through foodstuff has been allied with a lesser occurrence of cardiovascular disease²⁰. It was observed that natural flavonoids which were used in foodstuffs

may have valuable effects on "human being" health and also work as disease prevention agents, which are mostly recognized to their antioxidant and anticancer properties 19,20. Usually occurring flavonols have received a lot attention as natural/herbal antioxidants and only a little studies have reported on the antioxidant effects of prenylated flavonoids, probably because of their low dietary eating compared to flavonols and anthocyanins 21.

The root of *Rauwolfia serpentina* being known for ages to act as remarkable hypotensive agent, antidote to snake poison and febrifuge. The nature has provided the antidote in the form of plant extract but one should have to explore it. It has been observed that, when the *Rauwolfia sopentine* and the synthetic organic constituent of same structure used independently the active principle reserpine obtained synthetically was not active individually as like extract. The discovery of herbal remedies such as digitalis, quinine and ephedrine has provided a great impetus for the continuing isolation and characterization of plants and other secondary metabolites²²⁻²⁴.

Recent studies revealed that creation of free radicals participate a key role in the progression of a wide range of pathological disturbances such as cancer, brain dysfunction, cardiovascular disease and inflammation^{25,26}. In food industries, free radicals are found to be accountable for lipid oxidation that is a main determinant in the deterioration of foods during processing and storage²⁷⁻²⁹. Due to these known facts significant emphasis has been made on the addition of antioxidants in food and biological systems to scavenge free radicals. So many natural compounds have been

found to be antioxidants, including chlorophyll, carotenoids, vitamin E, phenolic acids and flavonoids³⁰. Epigallacto catachin (EGC) from tea leaves, polyphenols from grapes, rosmary extract, curcumin from turmeric are used as antioxidants for herbal preparations and cosmetics.

First effective antimalarial drug "Quinine" was identified from the bark of Cinchona tree (Cinchona officinalis) in 1820, which is still in use. Quinine was isolated from the C. officinalis plant and saved more lives than any other drug31, Another phytochemical "Aspirin", identified from the bark extract of "white willow tree" (Salix alba) is still in use to treat a large variety of ailments mostly as an anti-inflammatory, pain reliever and in heart problems, which affects blood clotting32. For the first time Schlittler et al. in 1952 isolated the main alkaloid reserpine from the roots of Rauwoljia serpentina33. Opium poppy (Papaver somniferum) still holds a unique place in medicinal world to relieve severe pain and act as preeminent analgesic. Thomas Sydenham, the English Hippocrates referred few would be willing to practice medicine without opium due to its medicinal property34. Settumer isolated the active component morphine for the first time from opium and the name morphine was given on the name of morpheus, the God of sleep35. It was William Gregory who isolated and made it commercially available in pure form for medicinal purpose, morphine still holds first place as a major pain relieving drug in the world³⁶.

Natural product "Resveratrol" derived from "Grapes" was found to be antimutagenic, antioxidative, an inducer of phase II drug-metabolizing enzymes³⁷. "Resveratrol" belongs to a class of chemical compounds called "Stilbenes" and are widely spread in nature³⁸. Interest in the synthesis of "Stilbene" compounds similar to that of

natural stilbenes is increasing due to their antioxidant, antifungal, ichthyotoxic and antileukernic properties³⁸⁻⁴⁰.

The development of phytochemistry depends on the systematic studies of the constituents isolated from natural products, e.g. fatty acids, lipids, steroids, terpenoids, alkaloids, essential oils, harmones, vitamins, anthocyanins, flavones, quinones etc.

Since communities are mainly anxiousto know the safety and the quality of their foodstuff. Only preferred food additives are added for protecting them from off-flavor. Antioxidants are frequently used in oils and fatty foods to retard their oxidation. The synthetic antioxidants that were broadly used, are now avoided due to their possible toxic side effects⁴¹ and emphasis is made on the use of natural antioxidants^{42,43}. In Indian Medicine System, herbs and spices are a major resource of natural occurring antioxidants. Approximately 700 herb species have been screened for natural antioxidants and among them, 64 have been found to possess significant antioxidant behavior and 24 showed strong antioxidant activities⁴⁴⁻⁴⁶.

It is known that, food spoils by oxidation reaction due to the existence of atmospheric oxygen. Thus, the food which contains rich amount of antioxidant spoils later. Benzoic acid and ascorbic acid are also good example of antioxidant molecules⁴⁶. Vegetables and fruits hold a lot of phytochemicals having antioxidant character.

Thus, the natural food antioxidants have anticancer properties or they protect against cancer. Some of the examples of antioxidants are being given below.

1	β -Carotene	Pigment in carrots
2	Catechins	Oak tree (stem bark)
3	Flavonoids	Tea leaves
4	Lycopene	Red colour of tomatoes
5	Pro anthocyanidins	Colouring matter of many fruits
6	Quercetin	Red onions apples
7	Resveratrol	Red wine pigment

Current studies showed that antioxidants are useful in decreasing the incidence of cadio-vascular diseases and are good as anticancer agents⁴⁰. They also prevent aging and are used to prevent and treat atherosclerosis and coronary artery diseases. Antioxidants are beneficial for better living and thus average human life extent would be extended to more active years.

The list of some medicinally important plants which are source of important drugs and their activity are being summarized in table-1.1.

Table-1.1

Acacia catechu Diarrhea, Sore throats, Astringents Catechin (I), quercetin(II) Adhatoda vasica Cerebral stimulant Vasicine (peganine) (III) Adonis vernalis Cardiotonic Adoniside (IV) Aervo ionatal Immuno modulatory activity 10-Methoxycanthin-6-one (V) Aesculus hippocastanum Anti-inflammatory Aescin (VI) Agritimonia eupoloria Anthelmintic Agrimophol (VII) Armini majus Leukoderma Xanthotoxin (VIII) Annul visage Bronchodilator Khellin (IX) Anadenanthera macrocarpa Respiratory tract infections Thiobarbituric acid (XI) Anadenanthera macrocarpa Respiratory tract infections Pierotoxin (XII) Anadenanthera macrocarpa Analeptic Analeptic Anadenanthera macrocarpa Respiratory tract infections Pierotoxin (XII) Anadenanthera macrocarpa Analeptic Analeptic Anadeographolide Andrographolide (XIV),	S.No	Plant Name	Clinical use/ Activity	Active Principle	Ref.
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Anorasas Anti-inflammatory, Proteoplytic Bromelain (XIII) Andrographis pariculata Baccillary dysentery Andrographolide (XIV), neoandrographolide		Anamirta cocculus	Analeptic	Picrotoxin (XII)	64
Andrographis paniculata Baccillary dysentery Andrographolide (XIV), neoandrographolide	12	Aronas comasus	Anti-inflammatory, Proteoplytic	Bromelain (XIII)	65.66
	13	Andrographis paniculata	Baccillary dysentery	Andrographolide (XIV), neoandrographolide	67,68

Anti-inflammatory, Lexlaline, Sedative
Anticholinergic
Analgesic, Bitter, Astringent
Antitussive
Anti-inflammatory, Antiulcer, Antioxidant
Anti-inflammatory, Antiulcer
Anticancer, Cytotoxic, Antiseptic
Genetic disorder, Antioxidant
Anti-inflammatory, Antimicrobial
Skin diseases, ulcers, Lebrosy
Anti-inflammatory, anti-cancer, antioxidative, anti-inflammatory, anti-microbial inhibits osteoclast and in gastric treatment
Bacillary dysentery
Anticancerous

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27	Brassicanigra	Rubefacient	Allyl isothiocynate (XXVIII)	, 79
28	Camellia sirensis	Diuretic, Bronchodilator, CNS stimulant	Theophylline (XXIX), caffeine (XXX)	80.81
29	Camptotheca acuminate	Athicancerous	Camptothecin (XXXI)	87-84
30	Cannabis sativa	Antiemetic, decrease occular tension	a-Tetrahydrocannaibinal (THC) (XXXII)	85-87
31	Catharanthus roseus	Antitumor, antileukemic agent	Vinblastine (XXXIII)	68 88
32	Centella asiatica	Vulnerary	Asiaticoside (XXXIV)	90 91
33	Cephaelis ipec acuanha	Amoebicide, emetic	Emetine (XXXV)	92
34	Cephalotaxus genus	Anticancer	Cephalotaxine (XXXVI)	93 94
35	Cinchona edgeriana	Antimalarial, Antipyreitic, Antiarrhythemic	Quinine(XXXVII)	96 96
36	Cinnamonurn camphora	Rubefacient	Camphor(XXXVIII)	97
37	Citrus spp.	Capillary fragility Antioxidant	Hesperidin(XXXIX)	08 00
38	Connarus sernidecandrus	Antiplasmodial	Bergenin (XL), homorapanone (XLI)	100
39	Convallaria majalis	Cardiotonic	Convallatoxin(XLII)	101,102
40	Coptis japonica	Antipyretic, detoxicant	Palmatine(XLIII)	103 104
41	Coptis trifolial	Antibacterial, Antifungal	Berberine (XXVI), palmatine(XLIII)	103-106
42	Corydalis ambiguo	Analgesic, sedative	Tetrahydropalmatinc(XLIV)	106.107
43	Curcuma longa	Choloretic, Antiinflammatory, Antispasmodic, Anticancer	Curcumin (XLV)	108-110

2	Gauineria procumbens	Anticardical, anti-inflammatory	Gaultherin (I VIII)	
99	Gaultheria procumbens	Ruhefacient	Cantille III (LAIII)	64
57	Glanoium Acaum	Tiplomi	Methyl salicylate (LXIV)	129,130
	Signatum Jiavum	Antitussive	Glaucine (LXV)	101
58	Glycyrrhiza glabra	Sweetener	Gliver militing a service	151,132
59	Gossveium malvaceae	Wolf and	Glycyttnizin (LAVI)	133
60	TI-TI	Male contraceptive	Gossypol (LXVII)	134.135
,]	retminithostachys zeylanica	Sciatica, boils, ulcers,malaria	Ugonin J (LXIX), ugonin K (LXX),	136
19	Horaclonm nousing		agonin L (LAAI)	
THE STATE	marcaut beisteam	Analgesie, anti-inflammatory	Isopimpinellin (LXXII), bergapten (LXXIII),	137
		d.	Pimpinellin (LXXIV), bakuchicin (LXXV)	
62	Hunteria zeylanica	Vasorelaxant, Antiplasmodial.	Barakol (T VVVV)	
		Anticholinergic	(LXXVII)	100
63	Hydrastis Canadensis	Anticarcinoccanic W.L.		
		Pneumonia	Berberine (XXVI), canadine (LXXVIII),b-hydrastine (LXXIX)	138-141
64	Hyoscyamus niger	Anticholinergic	The state of the s	
65	Hvoscycmus votioniator		riyoseyamine (LXXX)	142
	ery oscywnus renemales	Suppress the central nervous system, Antiperspirants, Antiasthamatic	Tropane (LXXXI), hyoscyamine (LXXXII), sconolamine	143
99	Hypericum perforatum	Wound bootling	ommodos (/	
1	in a control of the c	would licaling, antiviral, anticancer	Caffeovlouinic acid (I XXXIII)	01.07

Justice adhatoda Cytoloxic cough and cold, skin diseases Vasicine (LXXXV) 14 Larea divarticata Antifungal, Antitumor, Antidiabetic Nordihydroguaiaretic acid (LXXXVII) 15 Lobelia inflate Smokingdeterrent, Respiratory stimulant Lobeline (LXXXXVII) 15 Lobelia inflate Piscicide Rotenone (LXXXXVIII) 15 Lycoris squamigera Cholinesterase inhibitor Galanthamine (LXXXXVIII) 15 Mongifera indica Hypoglycemic, Astringent for bronchitis Ascorbic acid (XX) 15 Melissa officinalis Antioxidant, Antiviral, Herpes Rosmarinic acid (XC) 158 Mucuna deeringiana Anti-parkinsonism L-dopa (XCII) 163 Mucuna deeringiana Anti-parkinsonism L-dopa (XCII) 163 Nicotiana tabacum Insecticide Nicotine (XCIV) 164 Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), 166 Paqulinia cupana Antiloxidant, Javicidal Codeine, morphine, noscapine, 166 Paullinia cupana Antiloxidant, Javicidal Caffeine (XXXX) 166	19	Iryanthera juruensis	Antioxidant, antiviral, antifungal	Tocotrienol (I VVVII)	
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Mentha spp. Rubefacient Rosmarinic acid (XC) Mucuna deeringiana Anti-parkinsonism L-dopa (XCII) Mucuna prurines Snakevite, Antitumor, Anti-parkinsonism L-dopa (XCII) Mucuna prurines Snakevite, Antitumor, Anti-parkinsonism Bufotenine (XCIII) Nicotiana tabacum Insecticide Nicotine (XCIV) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antitoxidant, Jarvicidal Caffeine (XXXX)	1	Moling office. 1:	The serve of the second of the	Ascorbic acid (XX)	155
Mentha spp. Rubefacient Menthol (XCI) Mucuna deeringiana Anti-parkinsonism L-dopa (XCII) Mucuna prurines Snakevite, Antitumor, Anti-parkinsonism Bufotenine (XCIII) Nicotiana tabacum Insecticide Nicotine (XCIII) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury 3,4-bis(4-hydroxy-3-methoxybenzyl)tetrahydro-furan (XCVI) Papaver somniferum Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant, larvicidal Caffeine (XXX)		wettssa officinaits	Antioxidant, Antiviral, Herpes	Rosmarinic acid (XC)	63 156-158
Mucuna deeringiana Anti-parkinsonism L-dopa (XCII) Mucuna prurines Snakevite, Antitumor, Anti-parkinsonism L-dopa (XCII) Nicotiana tabacum Insecticide Nicotine (XCIV) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury 3,4-bis(4-hydroxy-3-methoxybenzyl)tetrahydro-furan (XCVI) Papaver somniferum Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant, larvicidal Caffeine (XXX)	100	Mentha spp.	Rubefacient	Menthol (XCI)	150 101
Mucuna prurines Snakevite, Antitumor, Anti-parkinsonism Bufotenine (XCIII) Nicotiana tabacum Insecticide Nicotine (XCIV) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury 3,4-bis(4-hydroxy-3-methoxybenzyl)tetrahydro -furan (XCVI) Papaver somniferum Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant, larvicidal Caffeine (XXX)		Mucuna deeringiana	Anti-parkinsonism	T Journal	191-601
Nicotiana tabacum Insecticide Nicotine (XCII) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV) Papaver somniferum Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant,larvicidal Caffeine (XXX)		Mucuna manaina		L-dopa (XCII)	48-50
Nicotiana tabacum Insecticide Nicotine (XCIV) Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury 3,4-bis(4-hydroxy-3-methoxybenzyl)tetrahydro-furan (XCVI) Papaver somniferum Analgesic, Antitussive, Smooth muscle Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant, larvicidal Caffeine (XXX)	1	rancana pi ai mes	Snakevite, Antitumor, Anti-parkinsonism	Bufotenine (XCIII)	167-164
Pandanus odoratissimus CNS depressant, Pinoresinol (XCV), Liverinjury 3,4-bis(4-hydroxy-3-methoxybenzyl)tetrahydro -furan (XCVI) Papaver somniferum Analgesic, Antitussive, Smooth muscle relaxanat Codeine, morphine, noscapine, papavarine (XCVII) Paullinia cupana Antioxidant,larvicidal Caffeine (XXX)		Nicotiana tabacum	Insecticide	Nicotine (XCIV)	40 50
um Analgesic, Antitussive, Smooth muscle Codeine, morphine, noscapine, papavarine (XCVII) Antioxidant, larvicidal Caffeine (XXX)	SMITH	Pandanus odoratissimus	CNS depressant, Liverinjury	Pinoresinol (XCV), 3,4-bis(4-hydroxy-3-	165
Analgesic, Antitussive, Smooth muscle Codeine, morphine, noscapine, relaxanat papavarine (XCVII) Antioxidant,larvicidal Caffeine (XXX)		D		methoxybenzyl)tetrahydro -furan (XCVI)	
Antioxidant, larvicidal Caffeine (XXX)		t apaver somnijerum	Analgesic, Antitussive, Smooth muscle relaxanat	Codeine, morphine, noscapine, papavarine (XCVII)	166,167
		Paullinia cupana	Antioxidant,larvicidal	Caffeine (XXX)	170

82	Pausinystalia yohimbe	Aphrodisiac	Yohimbine (XCVIII)	169
83	Peganum hatmala	Antimutagenic, Antigenotoxic, Antimicrobial, Cytotoxic	β -carboline (XCIX), harmol, harmaline, harmalol	170,171
84	Peumus boldus	Inbibitory, Antibacterial	Boldine (C)	° 172-174
85	Phyllostachys edulis	Toxicity, Antioxidant	Phyllostadimers A (CI)	175
98	Pilocarpus jaborandi	Parasympathomimetic	Pilocarpine (CII)	176,177
87	Pleuropterus ciliinervis	Antimalarial, Antibacterial	Pieceid-2"-0-gallote (CIII), Pieceid-2"-0-coumarate (CIV)	178
88	Podophyllum peltatum	Antitumor agent, Anticancer agent	Etoposide (CV), podophyllotoxin, teniposide	179-181
68	Polygomum hydropiper	Fungitoxic, Anthelmintic, Anticholinesterase	Galloyl kaempherol 3-glucoside (CVI), galloylquercetrin (CVII)	182
06	Prismatomeris malayana	Anti-inflammatory, Antiallergic	Lucidin-w-methylether (CVIII)	100
91	Prunumes domestica	Jaundice, Hepatitis, Bactericidal	Prunetin (CIX), genistein (CX), quercetin (CXI)	183
92	Psoralea carylifolia	Antibacterial, Antidesmatophytic	Psoralen (CXII)	184-187
93	Punica granatum	Anti- inflammatory, Anticancer	Punicalin (CXIII)	188-190
94	Quisqualis indica	Anthelmintic	Quisqualic acid (CXIV)	48-50
95	Rauvolifia conescens	Antihypertensive, Tranquillzer	Deserpidine (CXV)	179,191,192

nellitus Cholinesterase nic nic	Antihypertensive, Tranqullizer, Rescinnamine (CXVI), reserpine, circulatory, Disorders	191-193
Salix alba Analgesic Salvia officinalis Antioxidant, Diabetes mellitus Salvia plebeian Hepatitis, Antioxidant, Cholinesterase inhibitory Sanguinary Canadensis Dental plaque inhibitor Silybum marianum Antihepatotoxic Silybum marianum Antihepatotoxic Sinarouba glauca Anoebicide Sophora pachycarpa Cytotoxic, Apaphotogenic Stephania sinica Antihypertensive Stephania tetrandra Antihypertensive Sterophanthus gratus Cardiotonic Taxus brevifolia Antitumor agent Taxus brevifolia Antimicrobial, Multidrug resistant MDR) Antihacterial Antimicrobial, Multidrug resistant	icrobial Rosmarinic acid (XC)	63.194
Salvia officinalis Salvia plebeian Hepatitis, Antioxidant, Cholinesterase inhibitory Sanguinary Canadensis Dental plaque inhibitor Silybum marianum Antihepatotoxic Silybum marianum Antihepatotoxic Silybum marianum Antihepatotoxic Stephania sinica Stephania sinica Analgesic, Sedative Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Antimicrobial, Multidrug resistant MDR) Antiharterial	Salicin (CXVII)	48-50
Salvia plebeian Hepatitis, Antioxidant, Cholinesterase inhibitory Sanguinary Canadensis Dental plaque inhibitor Silybum marianum Antihepatotoxic Simarouba glauca Amoebicide Sophora pachycarpa Cytotoxic, Apaphotogenic Stephania sinica Analgesic, Sedative Stephania sinica Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant OMDR) Antihacterial		63.194
Sanguinary Canadensis Dental plaque inhibitor Silybum marianum Antihepatotoxic Simarouba glauca Amoebicide Sophora pachycarpa Cytotoxic, Apaphotogenic Stephania sinica Analgesic, Sedative Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant MDR) Antihacterial		
Silybum marianum Simarouba glauca Sophora pachycarpa Stephania sinica Stephania tetrandra Stephania tetrandra Stevia rebaudiana Strophanthus gratus Tabebuia argentea Taxus brevifolia Terminalia chebula Silybum Antihapatotoxic Amoebicide Analgesic, Apaphotogenic Antihapertensive Sweetener Sweetener Cardiotonic Cardiotonic Cardiotoxic, Anticancer Antitumor agent		196
Simarouba glauca Amoebicide Sophora pachycarpa Cytotoxic, Apaphotogenic Stephania sinica Analgesic, Sedative Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant MDR) Antihacterial	Silymarin (CXXII)	197-199
Sophora pachycarpa Cytotoxic, Apaphotogenic Stephania sinica Analgesic, Sedative Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant MDR) Antihacterial	Glaucarubin (CXXIII)	200,201
Stephania sinica Analgesic, Sedative Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antihacterial	Pachycarpine (CXXIV)	173,202,203
Stephania tetrandra Antihypertensive Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antihacterial		48.50
Stevia rebaudiana Sweetener Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antimacrerial	Tetrandrine (CXXXVI)	203.204
Strophanthus gratus Cardiotonic Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antimacterial	Stevioside (CXXVII)	49.50
Tabebuia argentea Cytotoxic, Anticancer Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antibacterial	Quabain (CXXVIII)	205.206
Taxus brevifolia Antitumor agent Terminalia chebula Antimicrobial, Multidrug resistant (MDR) Antibacterial		207-209
Terminalia chebula Antimicrobial, Multidrug resistant	Taxol (CXXX)	210
	drug resistant Gallic acid (XVIII), chebulinic acid(CXXXI)	47

112	Teucrium polium	Antioxidant, Acetylcholine, Sterase inhibitor	Rosmarinic acid (XC)	47,194
113	Тнеоbrота сасао	Diuretic, Vasodilator	Theobromine (CXXXII)	211
114	Thymus vulgaris	Abortifacient, Antifungal	Trichosanthin, thymol (CXXXIII)	48-
115	Urginea maritime	Cardiotonic	Scillarin A (CXXXIV)	214
116	Valeriana officinalis	Sedative	Valpotriates (CXXXV)	215,216
117	Veratrum album	Antihypertensive	Protoveratrines A (CXXXVI), protoveratrines B (CXXXVII)	48-50
118	Vermonia thymoides	Antibacterial, Antiviral	3'-Hydroxy scutellarein-7-o-(6''-o-protocatechuoyl)-beta-glucopyranoside (CXXXVIII), 3'-hydroxy scutellarein-7-o-(6''-o-trans-feruloyl)-β-glucopyranoside (CXXXIX), 3,5-dihydroxyphenethylalcohol-3-o-β-glucopyr-anoside (CXL)	217
119	Vinca minor	Cerebral stimulant	Vincamine (CXLI)	218
120	Wncaria tomantose	Antimutagen, Cardiovascular, CNS active	Pteropidine, rhychophylline (CXLII)	219,220
				Control of the Contro

Table-1.2 (Structure of Active Principle):

$$(VII)$$

$$(VII)$$

$$(IX)$$

$$(XI)$$

$$(XII)$$

$$(XII)$$

(XI)

(XVII)

(XVI)

HO HO OH OH OH OH (XLVI)

(LIX)
$$R = H$$

(LX) $R = OH$

HO OH OH

(LXVI)

(LXVII)

(LXIX) R = OH(LXX) $R = OCH_3$ (LXXI)

(LXXII) $R = OCH_3$ (LXXIII) R = H

(LXXIV) $R = R_1 = OCH_3$ (LXXV) $R = R_1 = H$

(XCI)

(XC)

(CXXIX)

(CXXVII)

(CXXXIV)

(CXXXVI) $R = C_2H_5$

(CXXXVII) R = OH

(CXXXVIII) R= protocatechuoyl

(CXXXIX) R = trans feruloyl

(CXL)R = H

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